

FAMILY HUB NETWORK

At the London Borough of Harrow, our Early Help approach is about identifying and addressing the needs of children, young people and families as early as possible before challenges become more complex.

We continue to work closely with professionals in education, health, social care and community organisations to make sure families get the right support, at the right time.

We are going into our communities to ensure families receive the support they need, support that is closer to their home.

Please see our webpage for more information:

www.harrow.gov.uk/familyhubs

Harrow's Family Hubs bring together services such as:

- Health and maternity support
- Parenting advice and early years development
- Community and voluntary organisations
- Information and guidance — all under one roof

Families will continue to enjoy the excellent facilities they're used to — now with even more support available on-site through our joined-up approach with council and partner services.



LONDON BOROUGH OF
HARROW

Children's activities drop-in and pre book:

- Play and Stay sessions
- Development sessions for children
- Sensory activities and support
- Speech and language therapy
- A variety of fun, creative
- Outdoor activities

Youth activities, drop-in's and pre-booked:

- A variety of fun, creative activities
- Learn how to Cook
- Gaming Sessions
- Health & Fitness
- Junior Youth Club
- Senior Youth Club
- Music
- Harrow Youth Parliament
- Half-term and holiday activities
- Early Help Drop-in sessions for parents/carers
- Parenting Programmes

Services at the hubs include (not an extensive list):

- Talk and play sessions
- Health visiting and maternity services
- Parenting advice and wellbeing workshops
- Evidenced based parenting workshops focussed on development & positive parenting
- Access to financial and debt advice
- Information about local services
- Domestic abuse support
- Infant feeding advice
- Development checks
- Weaning groups and cooking classes
- Dads' groups
- Speech and language advice
- Sensory room for children and young people with SEND

Youtube video link: <https://youtu.be/HVbkC2idSVs?feature=shared>

If you have any queries, please

Email: [earlysupporthub@harrow](mailto:earlysupporthub@harrow.gov.uk)



LONDON BOROUGH OF
HARROW